

How aware are you? Safeguarding adults and children

Who to contact

Who to contact

If you have any doubts or concerns about the way someone is being treated, don't keep it to yourself. Call Lincolnshire County Council's Customer Service Centre on 01522 782155 (out of hours, please call 01522 782333). They will offer advice and pass your concerns on to trained officers who will take the relevant action.

If you would like to find out more about safeguarding children and young people, please visit www.lincolnshire.gov.uk/LSCB or call 01522 782111.

For information on safeguarding adults, please visit www.lincolnshire.gov.uk/safeguardingadults or call 01522 782155.

How to contact us:

Write to us at: South Holland District Council,
Council Offices,
Priory Road, Spalding,
Lincs, PE11 2XE.

Telephone: 01775 761161

Fax: 01775 723496

E-mail: info@sholland.gov.uk

Website: www.sholland.gov.uk

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How aware are you? Safeguarding adults and children



This leaflet explains:

- Where abuse can happen
- The main signs of abuse
- Different types of abuse
- Who to contact



This leaflet is available in other formats on request

How aware are you?

Safeguarding adults and children



Everybody has a role to play in safeguarding and promoting the welfare of adults, children and young people.

Where abuse can happen

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For adults, this can happen where people are living, or, perhaps, where they go during the day. It may be noticed outside the home in a more public setting. Children or older persons may be abused in a family or in an institutional or community setting; by those known to them or more rarely by a stranger. They may be abused by an adult or adults or by another child or children.

The main signs of abuse

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There are many indications that something could be wrong.

This could include:

- Unexplained injuries such as bruising
- Weight loss
- Very low self esteem
- A sudden change in behaviour.

Different types of abuse

Different types of abuse

Abuse can vary for adults and children, and may include:

- **Physical abuse**
hitting, burning, or otherwise causing physical harm to a child or adult
- **Sexual abuse**
forcing or enticing someone to take part in sexual activities. This may also include non contact activities such as looking at pornography and social networking sites
- **Neglect**
persistent failure to meet someone's (particularly children's or older persons) basic physical and / or psychological needs, such as failure to provide adequate food, clothing and shelter
- **Emotional abuse**
persistent emotional maltreatment such as witnessing domestic abuse.